



Co-op Academy  
Belle Vue

# Enrichment Guide 2024-25

#TheBelleVueDifference





Co-op Academy  
Belle Vue

# Unlocking potential through expert knowledge and character

---

Academic  
Enrichment

Physical and  
Wellbeing  
Enrichment

#Creative  
Enrichment

**C** community  
cooperation

**A** ambition  
achievement

**R** respect  
responsibility

**E** endeavour  
enjoyment



Co-op Academy  
Belle Vue

Dear Belle Vue Students and Families,

We are delighted to present to you the Co-op Belle Vue Enrichment Programme 2024-2025, an exciting opportunity for your child to engage in a diverse range of activities beyond the curriculum.

The Enrichment Programme at Co-op Belle Vue is part of #TheBelleVueDifference, and is designed to support our mission statement of '*unlocking potential through expert knowledge and character*'. We believe that a strong co-curricular experience is essential for nurturing the unique talents, interests, and aspirations of each individual.

Through the Enrichment Programme, your child has the opportunity to choose three Enrichments per term, ensuring a holistic approach to their personal development.

The three categories of enrichment are:

**Academic Enrichment:** This enrichment offers a chance for your child to explore an academic subject in more depth and breadth than the taught curriculum. It encourages intellectual curiosity, critical thinking, and a deeper understanding of various disciplines. These enrichment will particularly support our students in year 9 with making their GCSE choices.

**Physical and Wellbeing Enrichment:** Physical fitness and a healthy lifestyle are crucial for the overall well-being of our students. This enrichment focuses on developing physical strength, enhancing teamwork and leadership skills, and fostering a spirit of sportsmanship as well as supporting our students with mental wellbeing. students can wear their full Coop PE kit to school on their Physical enrichment day.

**Creative Enrichment:** We understand that every child has unique interests and talents that may not fit neatly into predefined categories. The Creative Elective is an open-ended opportunity for your child to explore a wide range of activities, such as arts, technology, debate, and more. This allows them to discover new passions and gain a broader perspective on their abilities.

Students can choose one enrichment per night from the different options each term.

At Co-op Academy Belle Vue, we strongly believe in the power of a robust co-curricular program to shape our students' future success. Engaging in diverse activities beyond the classroom not only promotes personal development but also equips students with essential life skills that are highly valued in the modern world.

Our enrichment programme is designed to support our students to develop our Belle Vue CARE principles. These skills are not only beneficial during their school years but also greatly contribute to their future careers and personal achievements.

This guide has been designed to assist your child in selecting their electives for the upcoming term. It includes all relevant information for each elective.

Thank you,  
Daniel Haste | Vice Principal

# Unlocked Potential

“As a student at Co-op Academy Belle Vue, I eagerly anticipate my favourite parts of the day— the enrichments. The prospect of engaging in these activities at the end of each school day fills me with excitement. They are open to all students, allowing everyone to participate in a variety of options. This inclusivity not only enriches our learning experience but supports one of our CARE principles of community.”

Gloria - Year 10

---

“I feel like I have found out more about myself since taking part in enrichment and I have found hobbies that I would otherwise not have known about. The enrichment also promotes our CARE principles.”

Olivia - Year 10

---

“My favourite enrichment was the boxing enrichment. I feel like my strength and stamina improved and I learnt key life skills like self defence. I also did football enrichment. This was my favourite as I am very passionate about football and play outside of school, so this gave me a further opportunity to work on my skills. I also really liked the mini-apprentice enrichment as it helped me develop my leadership, confidence and teamwork skills.”

Melchizedek - Year 9

---

“The enrichment helps us progress or start new skills. For example I didn’t really like football, but now that I have participated in the futsal elective I find it really fun and playing football more often. I think having enrichment in our school is a good idea”

Omotola - Year 9

# Table of Contents

Maths - The Belle Vue Maths Olympiad.....	7
History - Manchester's DNA.....	8
History - Model UN.....	9
English - The Belle Vue Newspaper.....	10
English - Slam Poetry.....	11
English - Classical literature.....	12
French.....	13
Spanish - Literature and Cinema.....	14
Italian.....	15
Mandarin.....	16
Science required practicals.....	17
Chess.....	22
Agriculture.....	23
Stagecoach East Manchester.....	24
Debating.....	25
Coding.....	26
Podcast.....	27
Duke of Edinburgh's Award.....	28
Needlecraft.....	29
Musical Theatre.....	30
Law in the UK.....	31
Belonging (Art Competition).....	32
InnovateHer.....	33
Environmental issues group.....	34
Creative writing.....	35
Girlhood.....	36
Mindfulness.....	37
Printing inspired by nature.....	38
Keyboards.....	39
Art Therapy.....	40
STEM.....	41
Meanwhile, elsewhere.....	42
Keemo masks.....	43
Graphic art and Narrative.....	44
Forensic science.....	45
Film and media studies.....	46
The 1% club.....	47
The Fiver Challenge.....	48
Korea 101.....	49
Arts and crafts.....	50
Sociology.....	51
Singing.....	52
Young men's minds.....	53
Sign language.....	54

# Academic Enrichment



# Maths - The Belle Vue Maths Olympiad

## Enrichment Summary

Welcome to the Belle Vue Maths Olympiad, where maths becomes an exciting adventure! Solve tricky puzzles, boost brainpower, and discover the magic of mental maths. Get ready for the big Mental Math Spelling Bee, where you'll show off your lightning-fast maths skills.

### What Knowledge Will I Gain?

In the Math Olympiad Club, you'll learn cool problem-solving tricks, discover patterns in numbers, and become a master of mental maths. You'll know how to tackle tough maths challenges and impress everyone with your quick thinking.

### What Skills Will I Gain?

You'll become a pro at solving tricky puzzles, improve your thinking skills, and learn how to do maths in your head really fast.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

In the Math Olympiad, you'll build problem-solving skills, which are super important in jobs like scientists, engineers, and computer wizards.

### Further Reading and Information



# History - Manchester's DNA

## Enrichment Summary

What are the 'building blocks' of Manchester? This focuses on place, identity, and family history in order for us to reflect upon the continuing evolution of our city and in particular how immigration has impacted upon our neighbourhoods.

### What Knowledge Will I Gain?

We will consider family history and identity as it relates to place through a series of workshops.

### What Skills Will I Gain?

Critical thinking, research, and analytical skills. Students engage with past events, cultures, and perspectives, fostering a deeper understanding of human history.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Education, research, journalism, archiving, museum curation, historical analysis, and cultural heritage preservation. Learning to substantiate an argument is vital in every career as the oracy skills will empower you in any interview scenario. Analytical skills will help you in many careers, from finance, IT to law and medicine.

### Further Reading and Information



# History - Model UN

## Enrichment Summary

Students will learn about how the United Nations work and the many different disciplines that this involves. Students will be introduced to Law, Business and Government.

### What Knowledge Will I Gain?

You will learn about political systems in different countries across the world. You will learn about their cultures, languages and government.

### What Skills Will I Gain?

Model UN develops public speaking, negotiation, diplomacy, research, and critical thinking skills. Participants engage in global issues, fostering cultural awareness and understanding of international relations.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Model UN prepares students for careers in international relations, diplomacy, law, politics, public policy, and advocacy by honing negotiation, communication, research, and problem-solving skills in a global context.

### Further Reading and Information

<https://www.un.org/en/mun>



# English - The Belle Vue Newspaper

## Enrichment Summary

An opportunity to develop writing, editing, journalism, and communication skills. Participants cover school events, conduct interviews, and produce articles, fostering creativity and fostering a sense of community. Pupils will take different roles and produce the Belle Vue Newspaper every term.

## What Knowledge Will I Gain?

Participating in the school newspaper provides students with practical writing experience, journalistic skills, research proficiency, and a deepened understanding of storytelling and effective communication.

## What Skills Will I Gain?

Pupils will acquire skills in writing, journalism, research, interviewing, editing, teamwork, time management, critical thinking, and effective communication.

## Which CARE principles will I develop?



## How Does it Link to Future Careers?

Participating in the school newspaper builds foundations for future careers in journalism, media, writing, communication, public relations, and content creation by fostering relevant skills and practical experience.

## Further Reading and Information

## Academic Enrichment

# English - Slam Poetry

## Enrichment Summary

Slam poetry is a dynamic form of spoken word performance that combines poetry with elements of theatre and storytelling. It emphasises expressive delivery, emotion, and audience engagement, often addressing social issues, personal experiences, and cultural topics. Slam poetry encourages creativity, self-expression, and a connection between the poet and the audience through powerful, impactful performances.

### What Knowledge Will I Gain?

Through slam poetry, participants will gain knowledge of poetic techniques, such as rhythm, metaphor, and wordplay, while learning how to effectively convey emotions and ideas through spoken word. They will also explore the cultural and historical context of slam poetry, understanding its role in activism and social commentary. Additionally, participants will learn how to craft compelling narratives that resonate with diverse audiences.

### What Skills Will I Gain?

In slam poetry, participants will develop skills in creative writing and public speaking, learning to use tone, pacing, and body language to enhance their performances. They will improve their ability to express emotions and convey complex ideas effectively to an audience. The program also fosters critical thinking, active listening, and confidence in performing, as well as the ability to engage and connect with diverse audiences.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Slam poetry can prepare participants for careers in writing, performance arts, and spoken word poetry, where strong storytelling and public speaking skills are essential. It also benefits those pursuing careers in teaching, motivational speaking, and activism, where the ability to inspire and engage an audience is valuable.

### Further Reading and Information

<https://www.bbc.co.uk/bitesize/articles/zm8gr2p#zfxwjsq>



# English - Classical literature

## Enrichment Summary

This enrichment examines influential works from ancient civilizations, exploring their themes, styles, and cultural significance. Students develop critical reading and analytical skills while gaining insight into the historical context and lasting impact of these foundational texts.

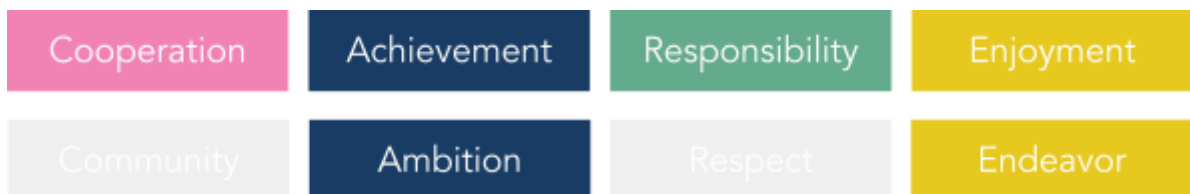
### What Knowledge Will I Gain?

Students will gain knowledge of the major themes, historical contexts, and literary styles of ancient texts from Greek, Roman, and other early civilizations. They will also learn how these works have influenced modern literature, philosophy, and cultural thought.

### What Skills Will I Gain?

Students will develop critical reading and analytical skills by closely examining classical texts and interpreting their meanings. They will also enhance their ability to articulate complex ideas and arguments in both written and verbal forms.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Knowledge from a classical literature class can lead to future careers in education, writing, publishing, and literary analysis. It also provides a strong foundation for roles in law, research, and any field that values critical thinking and effective communication skills.

### Further Reading and Information

<https://www.forbes.com/sites/entertainment/article/best-classic-novels/>



# French

## Enrichment Summary

In this enrichment students will be introduced to the basics of the French language, focusing on essential vocabulary, pronunciation, and grammar. It will cover common phrases, greetings, and simple conversations, helping learners build a foundation for understanding and speaking French in everyday situations.

### What Knowledge Will I Gain?

Students will gain a knowledge of basic vocabulary, sentence structure, and grammar rules. They also learn essential conversational phrases, pronunciation techniques, and cultural insights, enabling them to engage in simple dialogues and understand the fundamentals of the French language.

### What Skills Will I Gain?

Learning a different language enhances communication, cognitive flexibility, and memory, while also improving listening skills and critical thinking. It fosters cultural awareness and teaches patience and perseverance through the challenges of language acquisition.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Learning a different language opens up future careers in fields like translation, interpretation, international business, diplomacy, and education. It also enhances opportunities in global marketing, tourism, and any role requiring cross-cultural communication and multilingual proficiency.

### Further Reading and Information

<https://www.britannica.com/topic/French-language>



# Spanish - Literature and Cinema

## Enrichment Summary

We will look at a range of books and poetry in the Spanish Language and also enjoy some Spanish language films.

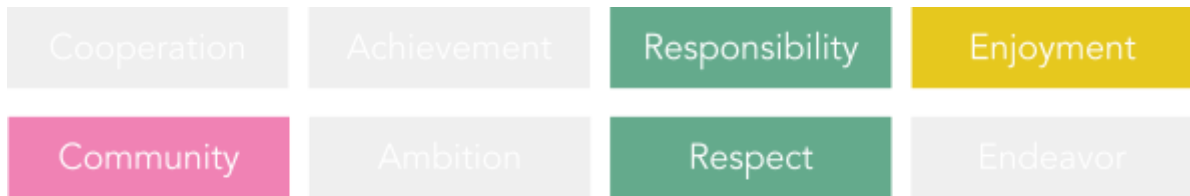
### What Knowledge Will I Gain?

You will increase your Spanish vocabulary, learn about some key Hispanic writers and poets and understand some of the history and culture of Spanish-speaking countries.

### What Skills Will I Gain?

You will develop skills in reading aloud more confidently and accurately, improve listening skills and be able to analyse key themes and messages in Spanish literature.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Careers in film, writing, translation, teaching, cultural industries, and international relations.

### Further Reading and Information

<https://becomeawritertoday.com/best-spanish-authors/>

<https://theculturetrip.com/south-america/chile/articles/introduction-to-latin-american-magic-realism-in-6-novels/>



# Italian

## Enrichment Summary

In this enrichment students will be introduced to the basics of the Italian language, focusing on essential vocabulary, pronunciation, and grammar. It will cover common phrases, greetings, and simple conversations, helping learners build a foundation for understanding and speaking Italian in everyday situations.

### What Knowledge Will I Gain?

Students will gain a knowledge of basic vocabulary, sentence structure, and grammar rules. They also learn essential conversational phrases, pronunciation techniques, and cultural insights, enabling them to engage in simple dialogues and understand the fundamentals of the Italian language.

### What Skills Will I Gain?

Learning a different language enhances communication, cognitive flexibility, and memory, while also improving listening skills and critical thinking. It fosters cultural awareness and teaches patience and perseverance through the challenges of language acquisition.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Learning a different language opens up future careers in fields like translation, interpretation, international business, diplomacy, and education. It also enhances opportunities in global marketing, tourism, and any role requiring cross-cultural communication and multilingual proficiency.

### Further Reading and Information

<https://www.bbc.co.uk/languages/italian/>



# Mandarin

## Enrichment Summary

In this enrichment students will be introduced to the basics of the Mandarin language, focusing on essential vocabulary, pronunciation, and grammar. It will cover common phrases, greetings, and simple conversations, helping learners build a foundation for understanding and speaking Mandarin in everyday situations.

### What Knowledge Will I Gain?

Students will gain a knowledge of basic vocabulary, sentence structure, and grammar rules. They also learn essential conversational phrases, pronunciation techniques, and cultural insights, enabling them to engage in simple dialogues and understand the fundamentals of the Mandarin language.

### What Skills Will I Gain?

Learning a different language enhances communication, cognitive flexibility, and memory, while also improving listening skills and critical thinking. It fosters cultural awareness and teaches patience and perseverance through the challenges of language acquisition.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Learning a different language opens up future careers in fields like translation, interpretation, international business, diplomacy, and education. It also enhances opportunities in global marketing, tourism, and any role requiring cross-cultural communication and multilingual proficiency.

### Further Reading and Information

[https://en.wikipedia.org/wiki/Mandarin\\_Chinese](https://en.wikipedia.org/wiki/Mandarin_Chinese)

## Academic Enrichment

# Science required practicals

## Enrichment Summary

Enrichment of science required practicals provides students with hands-on experience to deepen their understanding of scientific concepts and methods. By actively engaging in experiments and investigations, students enhance their critical thinking, analytical skills, and appreciation for the scientific process, leading to a more comprehensive grasp of theoretical knowledge and its real-world applications.

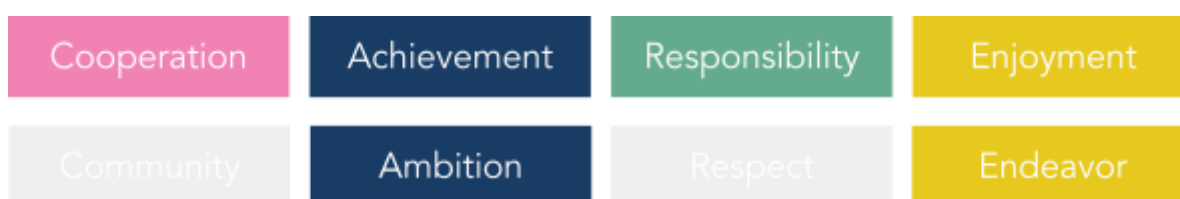
### What Knowledge Will I Gain?

Students will learn foundational scientific principles and techniques by performing required practicals, gaining a deeper understanding of how theoretical concepts apply in real-world scenarios. They will also acquire knowledge about experimental design, data collection, and analysis, helping them understand the scientific method and the importance of evidence-based conclusions.

### What Skills Will I Gain?

Through the enrichment of science required practicals, students will develop skills such as critical thinking, problem-solving, and data analysis. They will also enhance their abilities in scientific observation, experimental design, teamwork, and communication, all of which are essential for conducting effective and accurate scientific investigations.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Enrichment in science practicals can lead to future careers in various fields such as research science, engineering, medicine, environmental science, and biotechnology. It also opens opportunities in laboratory work, pharmaceuticals, forensics, education, and any profession requiring strong analytical and technical skills.

### Further Reading and Information

<https://filestore.aqa.org.uk/resources/science/AQA-8464-8465-PRACTICALS.PDF>

# Physical and Wellbeing Enrichment

# Our Physical and Wellbeing enrichment include...

## Dance:

In the Dance enrichment, you'll refine coordination, flexibility, and rhythm across diverse dance styles. Boost creativity, teamwork, and self-expression, gaining confidence and a lifelong passion for movement.

## Football:

Join the Football enrichment to sharpen teamwork, communication, and strategic thinking. Build physical fitness, coordination, and sportsmanship while enjoying friendly competition and nurturing a love for the game.

## Table Tennis:

At the Table Tennis enrichment, enhance quick reflexes, hand-eye coordination, and concentration. Improve motor skills, precision, and sportsmanship, developing an appreciation for this fast-paced and tactical sport.

## Basketball:

Basketball enrichment boosts agility, teamwork, and decision-making abilities. Develop endurance, spatial awareness, and effective communication, fostering camaraderie and sportsmanship among teammates.

## Boxing:

Enrol in the Boxing enrichment to cultivate discipline, physical fitness, and mental focus. Learn self-defence techniques, enhance coordination, and build resilience while boosting confidence and embracing a healthy lifestyle.

## Netball:

At the Netball enrichment, refine agility, quick thinking, and teamwork. Enhance passing, shooting, and strategic positioning, building communication skills and forging strong bonds with fellow teammates.

## Rounders:

In the Rounders enrichment, enhance batting, fielding, and base-running skills. Develop hand-eye coordination, teamwork, and strategic thinking while relishing an engaging and fast-paced team sport.

## Badminton:

At the Badminton enrichment, foster hand-eye coordination, agility, and quick reflexes. Improve racquet skills, strategic positioning, and teamwork, enjoying physical activity and friendly competition alike.

## Dodgeball:

In the Dodgeball enrichment, improve agility, reflexes, and teamwork. Develop throwing accuracy, dodging skills, and spatial awareness in a fast-paced game.

## Athletics:

Enhance your speed, strength, and endurance through dynamic training sessions. Master your technique, push your limits, and excel in a variety of events. Embrace the thrill of competition and the pursuit of personal bests in a vibrant, supportive environment.

## Handball:

Develop your agility, coordination, and precision in intense, fast-paced games. Improve your passing, shooting, and defensive skills while working closely with your teammates. Embrace the high-energy atmosphere and the excitement of quick transitions and strategic plays.

## Fitness:

Boost your strength, stamina, and flexibility through varied and dynamic workouts. Focus on achieving your personal fitness goals, whether it's building muscle, improving endurance, or enhancing overall health. Embrace a motivating environment that encourages progress and celebrates every achievement on your fitness journey.

## Tennis and Table tennis:

Caters for students with a passion for racquet sports. Offers students a chance to foster their skills and promote physical fitness.



# Exercise For Physical and Mental Health...

## Why should I participate in physical exercise after school?

Engaging in physical exercise helps keep your body healthy and strong. It boosts your energy, improves mood, and enhances concentration, making it easier to focus on schoolwork.

## What benefits does physical exercise offer?

Regular exercise improves cardiovascular health, builds strong muscles and bones, and maintains a healthy weight. It also reduces the risk of chronic diseases like diabetes and promotes better sleep.

## Can physical exercise help with stress?

Absolutely! Exercise releases endorphins, which are natural mood boosters. It helps reduce stress, anxiety, and depression, promoting mental well-being.

## I'm not into competitive sports. How can exercise still benefit me?

Our electives aren't limited to competitive sports. We have activities like dance and less competitive sports like dodgeball. Physical activity improves your overall fitness, regardless of whether you're competing or just having fun.

## How does exercise help my brain?

Physical activity increases blood flow to the brain, enhancing cognitive function and memory. It also encourages the growth of new brain cells, supporting learning and mental sharpness.

## Can exercise improve my social life?

Definitely! Joining sports clubs or exercise groups lets you meet new friends who share similar interests. Team sports foster teamwork and communication skills, improving your social interactions.

## How can exercise improve my self-esteem?

Accomplishing physical goals, whether small or large, boosts your self-confidence. Setting and achieving fitness milestones empowers you and improves your self-image.

## Is exercise important for my future health?

Yes, engaging in regular physical activity during your school years sets a foundation for a healthier lifestyle in adulthood. It reduces the risk of chronic diseases and improves longevity.

## What if I'm not good at sports?

You don't have to be a sports star to benefit from exercise. Find activities you enjoy and feel comfortable with. The important thing is to stay active and make it a part of your routine. We have deliberately included inclusive activities.

## How often should I exercise?

Aim for at least 60 minutes of moderate to vigorous physical activity most days of the week to stay physically and mentally healthy.

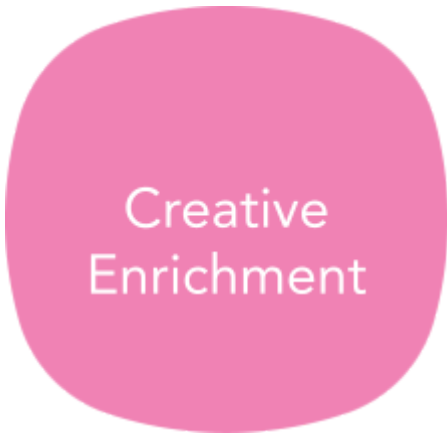
## Will I need to get changed for the Physical elective?

No! On your physical elective day you can come to school in your full Coop PE kit.



Physical and  
Wellbeing  
Enrichment

# Creative Enrichment



# Chess

## Enrichment Summary

The Chess elective is a captivating space for members to explore the intricacies of the ancient game of strategy. Participants enhance critical thinking, problem-solving, and decision-making skills while fostering camaraderie. Whether beginners or experts, the elective provides a platform for intellectual growth, friendly competition, and a shared passion for the timeless game of chess.

## What Knowledge Will I Gain?

Students will develop critical thinking, strategic planning, and decision-making abilities through chess. They'll learn the game's rules, tactics, and sportsmanship while enjoying intellectual challenges and friendly competition.

## What Skills Will I Gain?

Members will cultivate critical thinking, strategic planning, and problem-solving skills. They'll also enhance their concentration, patience, and sportsmanship through engaging in chess matches and activities.

## Which CARE principles will I develop?



## How Does it Link to Future Careers?

Chess nurtures skills essential in various careers: critical analysis, strategic planning, adaptability, and decision-making. These qualities are valuable in fields like finance, law, technology, and management.

## Further Reading and Information



# Agriculture

## Enrichment Summary

"Field to Fork" Agriculture enrichment: Students cultivate plants, learn growth stages, and grasp the link between homegrown food and meals. This hands-on program nurtures agricultural skills, sustainability awareness, and healthy eating habits. Empowering a mindful generation that appreciates food's journey from seed to fork.

### What Knowledge Will I Gain?

You will develop skills in how to cultivate a school garden to grow edible plants, fruits and vegetables for use in the food room, including growing from seeds, bulbs and plugs. Your skills will include how to maintain care of the crops whilst they grow and an understanding of how to identify when it is time to harvest the crop. You will also learn how to prepare and/or cook these ingredients.

### What Skills Will I Gain?

In an agriculture enrichment, students will gain practical skills in crop cultivation, soil management, and the science of agriculture. They will also learn about sustainable farming practices, agricultural technology, and resource management to improve food production and environmental stewardship.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

An agriculture enrichment can lead to future careers in farming, agribusiness, agricultural science, and environmental conservation. It also prepares students for roles in agricultural technology, food production, research, and policy-making related to sustainable agriculture and resource management.

### Further Reading and Information

<https://www.bbcgoodfood.com/howto/guide/easy-crops-kids-grow>



# Stagecoach East Manchester

## Enrichment Summary

Stagecoach provides a platform for individuals to explore and develop their talents in various artistic disciplines such as acting, dancing, singing, and theatre production, fostering creativity and self-expression.

### What Knowledge Will I Gain?

Engaging in singing, dance, and drama nurtures knowledge of vocal techniques, musicality, movement styles, acting methods, stage presence, storytelling, cultural influences, and artistic collaboration, fostering versatile performing abilities.

### What Skills Will I Gain?

This elective develops skills like stage presence, teamwork, emotional expression, improvisation, creative problem-solving, self-confidence, and effective communication.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Careers include professional singer, dancer, actor, choreographer, director, musical theatre performer, voice coach, dance instructor, casting director, arts administration, and entertainment production roles.

### Further Reading and Information

[https://www.stagecoach.co.uk/east-manchester?utm\\_source=google&utm\\_medium=organic&utm\\_campaign=gmb](https://www.stagecoach.co.uk/east-manchester?utm_source=google&utm_medium=organic&utm_campaign=gmb)



# Debating

## Enrichment Summary

In debating, students will work in groups to develop detailed arguments on topics they feel passionate about through structured discussions, honing their debating abilities in a supportive environment.

### What Knowledge Will I Gain?

In debating students will gain knowledge on how to research information and use it to construct arguments that effectively communicate their point of view, in a respectful manner.

### What Skills Will I Gain?

Communication, critical thinking, how to construct an argument, how to respectfully engage and interpersonal skills.

### Which CARE principles will I develop?

Cooperation	Achievement	Responsibility	Enjoyment
Community	Ambition	Respect	Endeavor

### How Does it Link to Future Careers?

Debating hones skills vital for various careers, including law, politics, public speaking, and business, by nurturing critical thinking, communication, persuasion, and confident expression.

### Further Reading and Information

<https://debatemate.com/>



# iDEA

## Enrichment Summary

iDEA will give students the opportunity to use software to complete mini projects and achieve digital enterprise awards.

### What Knowledge Will I Gain?

iDEA equips individuals with knowledge of programming languages, algorithms, data structures, problem-solving methodologies, and software development practices, empowering them to create applications, websites, and innovative technological solutions

### What Skills Will I Gain?

iDEA develops skills like logical thinking, creativity, problem-solving, sequencing, algorithmic understanding, project planning, and digital communication, laying a foundation for computer programming and computational thinking.

### Which CARE principles will I develop?

Cooperation	Achievement	Responsibility	Enjoyment
Community	Ambition	Respect	Endeavor

### How Does it Link to Future Careers?

iDEA is valuable for careers in software development, web development, app development, data science, artificial intelligence, cybersecurity, game development, and IT roles across various industries.

### Further Reading and Information

<https://idea.org.uk/>



## Creative Enrichment

# Podcast

## Enrichment Summary

In this elective students will interview different people from all walks of life, covering various topics, from entertainment and education to news and storytelling.

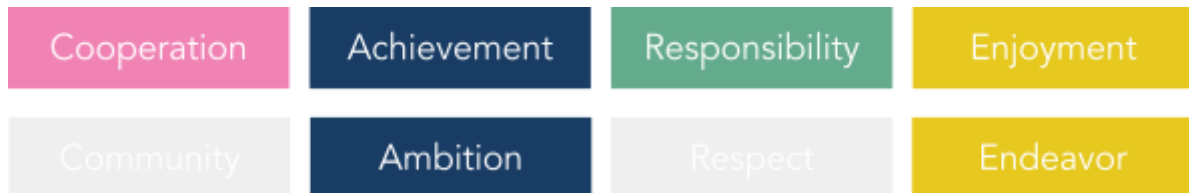
### What Knowledge Will I Gain?

Students will gain a knowledge of asking difficult questions, networking, communication skills, subject expertise, and potentially, a platform to share insights or stories.

### What Skills Will I Gain?

Students will gain skills like communication, interviewing, content creation, editing, marketing, time management, research, technical, networking, public speaking

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Future jobs in podcasting encompass hosting, producing, marketing, and more, as this evolving industry offers diverse opportunities for audio content creators and professionals.

### Further Reading and Information



## Creative Enrichment

# Duke of Edinburgh's Award

## Enrichment Summary

In this elective students will complete the prestigious and internationally recognised Duke of Edinburgh Bronze award that encourages personal development and community involvement among young people..

### What Knowledge Will I Gain?

The course will be broken up into different categories including volunteering, physical activity, learning a skill, the expedition and residential project

### What Skills Will I Gain?

Students will gain skills like leadership, communication, self-confidence, resilience, teamwork, collaboration.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

This elective will provide an insight into being an outdoor instructor, environmental conservationist, leadership role, emergency services, community development worker

### Further Reading and Information

<https://www.dofe.org/>



## Creative Enrichment

# Needlecraft

### Enrichment Summary

In this enrichment students will develop skills in planning, modifying a pattern, hand and machine stitching, creating embellishments and pattern interpretation while making a memory teddy.

### What Knowledge Will I Gain?

Students will gain a knowledge of various stitching techniques, fabric types, and design principles. It also offers insights into cultural traditions and the historical significance of textile arts.

### What Skills Will I Gain?

Needlecraft enhances fine motor skills, hand-eye coordination, and attention to detail while fostering creativity and problem-solving abilities. It also promotes patience, focus, and mindfulness, offering both practical and mental benefits.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Future jobs in embroidery may involve integrating traditional techniques with modern technology, such as digital embroidery and customization services. Opportunities could also expand in sustainable fashion, artisanal crafts, and bespoke textile design, catering to niche markets that value craftsmanship and personalised products.

### Further Reading and Information

<https://en.wikipedia.org/wiki/Embroidery#:~:text=Embroidery%20is%20the%20art%20of,beads%2C%20quills%2C%20and%20sequins.>

## Creative Enrichment

# Musical Theatre

## Enrichment Summary

Musical theatre is a form of theatrical performance that combines songs, spoken dialogue, acting, and dance to tell a story. It blends music, lyrics, and choreography to enhance the emotional and narrative impact of the production, making it a popular and dynamic form of entertainment.

### What Knowledge Will I Gain?

Musical theatre provides knowledge in acting, singing, dancing, and technical aspects of stage production. It also enhances cultural awareness, collaboration skills, and personal growth by exploring diverse stories and working as a team.

### What Skills Will I Gain?

Musical theatre helps develop skills in acting, singing, and dancing, enhancing emotional expression and physical coordination. It also fosters teamwork, collaboration, and adaptability by working closely with a diverse group. Additionally, it builds confidence, discipline, and time management skills through rigorous rehearsals and performances.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Future careers in musical theatre include performing roles such as actors, singers, and dancers on stage. There are also opportunities behind the scenes as directors, choreographers, music directors, and stage managers. Additionally, careers can expand into teaching, producing, and writing for theatre, as well as working in related fields like film, television, and voice acting.

vb

### Further Reading and Information

<https://www.rcs.ac.uk/courses/ba-musical-theatre/>

## Creative Enrichment

# Law in the UK

## Enrichment Summary

This enrichment is suitable for students interested in a career in law. Over several weeks sessions will be delivered exploring different aspects of UK law, including taking part in a mock trial. A mock trial is a simulated court trial that provides participants, typically students, with a practical experience of the legal process. It involves role-playing as attorneys, witnesses, and jurors to argue a fictional case in front of a judge, usually in a classroom or competitive setting.

### What Knowledge Will I Gain?

Law in the UK will provide knowledge of many different aspects of UK law, including the roles in a courtroom, how a trial runs, the age of criminal responsibility in the UK, and the factors affecting how judges decide on what sentence to give for different crimes. Participating in a mock trial provides knowledge of legal procedures, terminology, and courtroom roles. It enhances skills in case analysis, legal reasoning, public speaking, and persuasion. Additionally, it develops critical thinking, problem-solving, research, writing, and teamwork abilities by simulating real-life legal scenarios.

### What Skills Will I Gain?

Mock trials and learning about how the law works in the UK helps participants develop skills in public speaking, critical thinking, legal reasoning, and teamwork, as well as gain a deeper understanding of courtroom procedures and the justice system.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Participating in a mock trial can lead to future careers in law, such as becoming an attorney, judge, or paralegal. It also provides valuable skills for roles in legal research, policy analysis, and law enforcement. Beyond the legal field, mock trial experience is beneficial for careers requiring strong public speaking, critical thinking, and advocacy skills, such as politics, education, and journalism.

### Further Reading and Information

<https://www.lawsociety.org.uk/en>



# Belonging (Art Competition)

## Enrichment Summary

"Belonging" as an art competition focuses on exploring the theme of connection, inclusion, and identity through creative expression. Artists are encouraged to reflect on their personal experiences and perspectives on what it means to feel a sense of belonging or exclusion in various contexts.

### What Knowledge Will I Gain?

In this enrichment students gain knowledge of various artistic techniques, styles, and mediums. It also deepens your understanding of cultural, historical, and social contexts, enhances creativity and self-expression, and improves critical thinking and observational skills.

### What Skills Will I Gain?

Engaging with art helps develop creativity, critical thinking, and technical skills in various mediums and techniques. It also enhances observational skills, emotional expression, and cultural awareness.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Future careers in art include becoming a professional artist, illustrator, graphic designer, or art director. Other opportunities exist in art education, therapy, conservation, museum and gallery management, and creative industries like advertising, film, and animation.

### Further Reading and Information

<https://www.bbc.co.uk/news/topics/cjnwl8q4gjnt>

## Creative Enrichment

# InnovateHer

## Enrichment Summary

InnovateHer is an organisation dedicated to inspiring and educating young women in technology and innovation. It offers programs, workshops, and resources aimed at closing the gender gap in tech by empowering girls with the skills and confidence needed to pursue careers in STEM fields.

### What Knowledge Will I Gain?

InnovateHer partners with schools and companies to provide mentorship, practical learning experiences, and a supportive community, fostering an inclusive environment where young women can thrive and succeed in technology and digital industries.

### What Skills Will I Gain?

InnovateHer teaches a range of skills, including coding, digital design, and problem-solving. Participants also develop critical thinking, teamwork, leadership, and confidence, preparing them for careers in technology and digital industries.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

InnovateHer prepares participants for future careers in technology and digital industries, such as software development, digital marketing, data analysis, and UX/UI design. It also equips them with the skills needed for leadership roles and entrepreneurship in the tech sector.

### Further Reading and Information

<https://www.innovateher.co.uk/>



# Environmental issues group

## Enrichment Summary

This enrichment focuses on raising awareness and taking action to address various environmental challenges, such as climate change, pollution, and habitat destruction. The group works to promote sustainable practices, advocate for policy changes, and engage communities in conservation efforts to protect the planet for future generations.

### What Knowledge Will I Gain?

This enrichment will gain knowledge about key environmental challenges, such as climate change, pollution, and biodiversity loss. They will learn about sustainable practices, the impact of human activities on ecosystems, and the importance of conservation.

### What Skills Will I Gain?

By participating in an environmental issues group, members will develop skills in research, critical thinking, and data analysis to understand complex environmental problems. They will also learn effective communication and advocacy techniques to raise awareness and influence policy. Additionally, members will gain project management, teamwork, and leadership skills through organising campaigns and community initiatives focused on sustainability and conservation.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Involvement in an environmental issues group can lead to future careers in environmental science, policy, and advocacy, as well as roles in conservation, sustainability consulting, and education. Members may also pursue careers in environmental law, renewable energy, or work with non-profit organisations and governmental agencies focused on environmental protection and climate change mitigation.

### Further Reading and Information

<https://www.ourplanet.com/en/>

## Creative Enrichment

# Creative writing

## Enrichment Summary

This enrichment focuses on developing students' abilities to craft original works of fiction, poetry, and non-fiction. Through writing exercises, peer feedback, and studying various literary techniques, students learn to express their ideas creatively and effectively. The class enhances skills in storytelling, language use, and critical self-editing, fostering a deeper appreciation for the craft of writing.

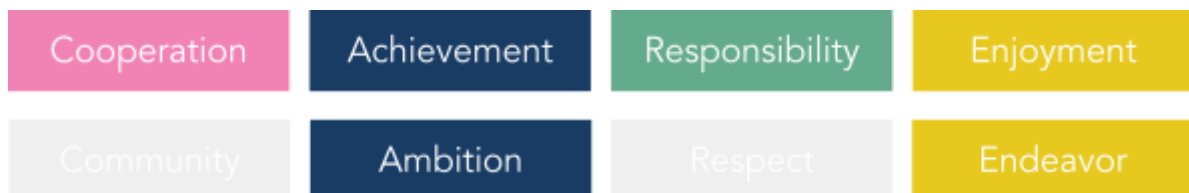
### What Knowledge Will I Gain?

Students in a creative writing enrichment will develop knowledge of literary techniques, narrative structures, and different writing styles. They will also learn how to analyse and critique both their own work and the work of others to improve their writing skills.

### What Skills Will I Gain?

Students will develop skills in creative thinking and effective storytelling by crafting original works and experimenting with different writing styles. They will also enhance their abilities in editing, revising, and providing constructive feedback to peers.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

A creative writing enrichment can lead to future careers in writing, such as becoming a novelist, poet, screenwriter, or journalist. It also provides valuable skills for roles in publishing, editing, content creation, advertising, and any field that values strong communication and creativity.

### Further Reading and Information

<https://oxfordsummercourses.com/articles/what-is-creative-writing/#:~:text=Creative%20writing%20is%20an%20art,through%20the%20power%20of%20words>.



# Girlhood

## Enrichment Summary

This enrichment focuses on developing students' knowledge of women's history, gender inequality, women's place in society, laws surrounding women, women in politics, sisterhood, women in sports and various other topics surrounding women.

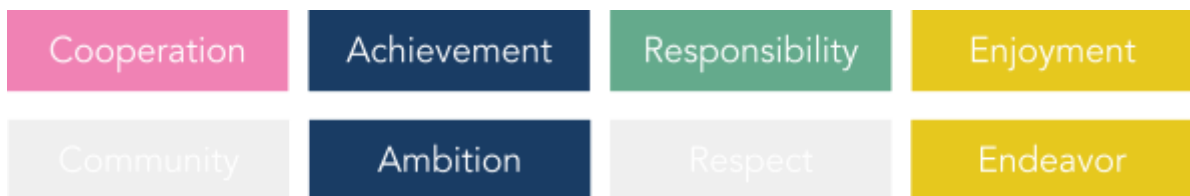
### What Knowledge Will I Gain?

Learning about women's roles in history, society, politics, and sports provides knowledge of their contributions, struggles, and achievements across various fields and eras. It also highlights the ongoing challenges women face in achieving equality and the impact of gender on social, political, and cultural developments.

### What Skills Will I Gain?

Students will develop critical thinking and analytical skills by examining the historical and societal factors that have shaped women's roles and contributions. They will also enhance their ability to engage in informed discussions on gender equality and advocate for social change.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Understanding women's roles in history, society, politics, and sports can lead to careers in education, social work, advocacy, public policy, and gender studies. It also provides valuable insights for roles in journalism, law, nonprofit organisations, and any field focused on promoting equity and inclusion.

### Further Reading and Information

<https://nationalwomenshistoryalliance.org/womens-equality-day-reading-list/>



# Mindfulness

## Enrichment Summary

Mindfulness is the practice of being fully present and engaged in the current moment, fostering awareness and acceptance of one's thoughts, feelings, and surroundings. It helps reduce stress, improve focus, and enhance emotional regulation by encouraging a non-judgmental and intentional approach to daily life experiences.

### What Knowledge Will I Gain?

By practising mindfulness, individuals gain knowledge of how to better understand their thoughts and emotions, cultivating greater self-awareness and emotional intelligence. They also learn techniques for managing stress and maintaining a focused, present mindset in their daily lives.

### What Skills Will I Gain?

Mindfulness helps develop skills in concentration and emotional regulation, enabling individuals to respond more calmly to stress and challenging situations. It also enhances self-awareness and empathy, fostering better decision-making and improved interpersonal relationships.

### Which CARE principles will I develop?

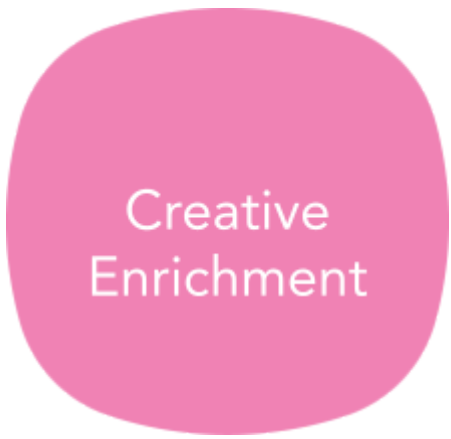


### How Does it Link to Future Careers?

Mindfulness skills are valuable in any career as they enhance focus, decision-making, and stress management, leading to improved performance and well-being. Professionals who practice mindfulness can also foster a positive work environment by promoting empathy, effective communication, and resilience among colleagues.

### Further Reading and Information

<https://www.mindful.org/meditation/mindfulness-getting-started/>



# Printing inspired by nature

## Enrichment Summary

Printing inspired by nature involves creating prints that reflect the beauty and complexity of natural elements, such as plants, animals, and landscapes. This artistic process often uses techniques like block printing, etching, or screen printing to capture the textures and forms found in the natural world. By drawing inspiration from nature, artists can highlight environmental themes, celebrate biodiversity, and encourage a deeper connection to the environment.

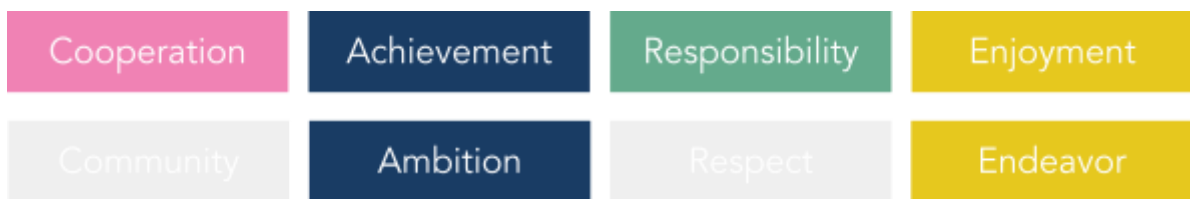
### What Knowledge Will I Gain?

Students will gain knowledge of various art printing techniques, such as block printing and etching, and how to apply these methods to depict natural elements. They will also learn about the patterns, textures, and forms in nature, enhancing their understanding of the environment and its artistic potential.

### What Skills Will I Gain?

By engaging in printing inspired by nature, students will develop skills in various printmaking techniques, such as block printing and screen printing, as well as an eye for detail and texture. They will also enhance their creativity and observational skills by interpreting and translating natural patterns and forms into their artwork.

### Which CARE principles will I develop?

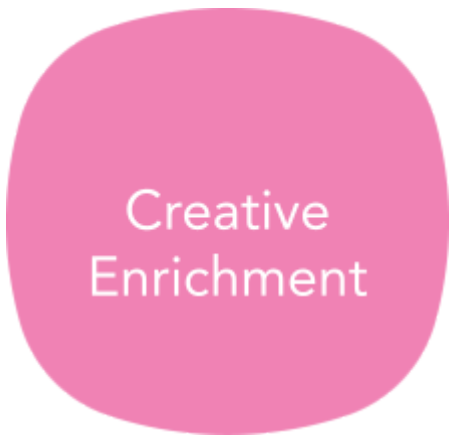


### How Does it Link to Future Careers?

Learning printing techniques inspired by nature can lead to careers in graphic design, fine arts, illustration, and textile design, where an understanding of natural patterns and textures is valuable. It also provides a strong foundation for roles in environmental art, museum curation, and art education, where nature-themed artwork and creativity are often explored and celebrated.

### Further Reading and Information

<https://eastendprints.co.uk/categories/art-prints-frames/natural-world-art-prints/nature-art-prints.html?srsltid=AfmBOorGb6bgmO79lvfU5ZzG0ucBt55d0SvkYKo-ZS1uC3HVWGK4KTw7>



# Keyboards

## Enrichment Summary

A keyboard enrichment teaches students the fundamentals of music theory, rhythm, and finger technique, helping them to play melodies and harmonies effectively. The class also develops listening skills, improvisation, and coordination, fostering musical creativity and expression in various styles.

### What Knowledge Will I Gain?

In a keyboard enrichment, students will gain knowledge of music theory, including scales, chords, and rhythm, as well as the fundamentals of keyboard technique. They will also learn how to read sheet music and interpret different musical styles, enhancing their overall understanding of music composition and performance.

### What Skills Will I Gain?

Students in a keyboard enrichment will learn skills in finger coordination, hand positioning, and proper playing techniques to enhance their musical dexterity. They will also develop skills in sight-reading, ear training, and improvisation, which are essential for versatile and expressive keyboard performance.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Learning to play the keyboard can lead to future careers as a musician, music teacher, or accompanist in various settings such as schools, studios, and live performances. It also provides a foundation for roles in music production, composition, and arranging for films, television, and other media.

### Further Reading and Information

[https://en.wikipedia.org/wiki/Musical\\_keyboard#:~:text=A%20musical%20keyboard%20is%20the,the%20interval%20of%20an%20octave.](https://en.wikipedia.org/wiki/Musical_keyboard#:~:text=A%20musical%20keyboard%20is%20the,the%20interval%20of%20an%20octave.)



# Art Therapy

## Enrichment Summary

Explore your emotions and express yourself creatively through art therapy. Use various artistic mediums to promote self-discovery, reduce stress, and enhance emotional well-being. Experience a supportive space where creativity fosters healing and personal growth.

### What Knowledge Will I Gain?

Through art therapy, you can learn to better understand and express your emotions, even when words are not enough. It also teaches you creative coping strategies and enhances problem-solving skills for managing life's challenges.

### What Skills Will I Gain?

In art therapy, you can learn skills such as emotional expression, creative thinking, and non-verbal communication. You also develop self-reflection, stress management techniques, and problem-solving abilities, enhancing both personal insight and emotional resilience.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Art therapy can lead to careers in various fields, including clinical settings like hospitals and mental health centres, educational environments such as schools and universities, and community outreach programs. Additionally, art therapists can work in private practice, rehabilitation centres, and wellness programs, providing therapeutic support to diverse populations.

### Further Reading and Information

<https://www.healthcareers.nhs.uk/explore-roles/allied-health-professionals/roles-allied-health-professionals/art-therapist-art-psychotherapist>



# STEM

## Enrichment Summary

STEM, with a focus on science, involves exploring the natural world through observation, experimentation, and critical thinking. It combines disciplines such as biology, chemistry, physics, and earth sciences to understand the principles governing life, matter, and the universe, encouraging curiosity and innovation to solve real-world problems.

### What Knowledge Will I Gain?

From STEM, you gain knowledge in scientific principles, mathematical reasoning, and technological skills. You also learn critical thinking, problem-solving, and analytical abilities, enabling you to understand complex systems and innovate solutions to real-world challenges.

### What Skills Will I Gain?

In STEM, you learn skills such as critical thinking, problem-solving, and analytical reasoning. You also develop technical abilities, such as coding and data analysis, along with collaboration and communication skills to work effectively in diverse teams.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

STEM fields offer diverse career opportunities, including roles in engineering, data science, healthcare, technology development, and environmental science. These jobs are in high demand and are essential for driving innovation, solving complex global challenges, and advancing technological and scientific progress.

### Further Reading and Information

<https://www.stem.org.uk/>



# Meanwhile, elsewhere

## Enrichment Summary

"Meanwhile, Elsewhere" explores significant events in different countries during key historical periods, providing a global perspective on history. This enrichment highlights how diverse cultures experienced and influenced major developments, fostering a deeper understanding of the interconnectedness of world events and the varied impacts on societies across the globe.

### What Knowledge Will I Gain?

By taking this enrichment, you will gain knowledge about global historical events and understand how different countries experienced and shaped key periods in history. You will also learn to appreciate the interconnectedness of world events and the diverse cultural, social, and political impacts they had across various regions.

### What Skills Will I Gain?

In this course, you will learn critical thinking and comparative analysis by examining historical events from various global perspectives. You will also develop research and communication skills as you explore and present diverse cultural contexts and their roles in shaping world history.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Jobs linked to this course include roles in education, such as history teacher or professor, and positions in research, like historian or cultural analyst. Additionally, careers in museums, archives, international relations, journalism, and cultural heritage management can benefit from the skills and knowledge gained in this course.

### Further Reading and Information

<https://www.prospects.ac.uk/careers-advice/what-can-i-do-with-my-degree/history#:~:text=Job%20options,-Jobs%20directly%20related&text=Academic%20researcher,Historic%20buildings%20inspector%2Fconservation%20officer>



## Creative Enrichment

# Keemo masks

## Enrichment Summary

Using Keemo art to make masks involves combining vibrant colours, abstract shapes, and expressive patterns to create unique and imaginative mask designs. This creative process allows for personal expression and experimentation with artistic techniques, resulting in masks that are visually striking and rich with individual meaning and cultural symbolism.

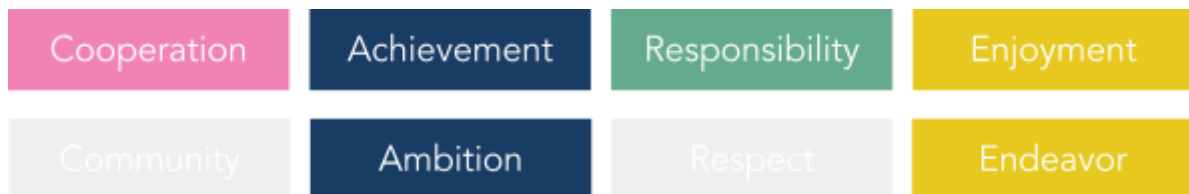
### What Knowledge Will I Gain?

By making masks using Keemo art, you will gain knowledge of colour theory, abstract design principles, and cultural symbolism. You will also learn about different artistic techniques and how to use them to express emotions and personal identity through creative works.

### What Skills Will I Gain?

Through creating masks with Keemo art, you will develop skills in abstract thinking, colour composition, and artistic expression. Additionally, you will enhance your abilities in fine motor skills, creativity, and interpreting cultural symbols in art.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Creating masks using Keemo art can lead to future careers in fields such as fine arts, graphic design, and illustration, where creativity and artistic expression are key. It also provides valuable skills for careers in education, art therapy, cultural heritage preservation, and set or costume design, all of which benefit from a strong understanding of visual arts and symbolism.

### Further Reading and Information

<https://www.keemogallery.com/>



# Graphic art and Narrative

## Enrichment Summary

In graphic art, students will learn to create compelling narrative sequences through the integration of visual storytelling techniques. They will explore world-building, crafting immersive settings that enhance the story, and character development, designing unique characters that drive the narrative forward.

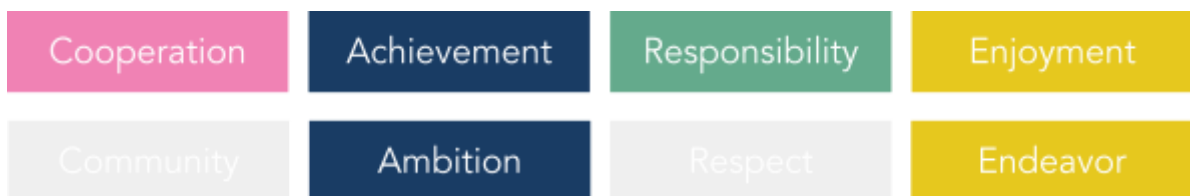
### What Knowledge Will I Gain?

Students will gain knowledge in constructing visual narratives, including how to sequence images to tell a story effectively. They will also learn about world-building techniques to create immersive settings and character development skills to craft memorable and engaging characters within their stories.

### What Skills Will I Gain?

Students will develop skills in storytelling, visual composition, and artistic design. They will also enhance their abilities in character creation, world-building, and narrative pacing, allowing them to convey stories powerfully and effectively through graphic art.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Skills in graphic art and narrative link to careers in illustration, animation, comic book creation, and graphic design, where storytelling and visual communication are essential. These skills are also valuable in advertising, game design, film, and digital media, where creating engaging narratives and visually compelling content is crucial for audience engagement and success.

### Further Reading and Information

<https://www.graphicartsgroup.co.uk/>

## Creative Enrichment

# Forensic science

## Enrichment Summary

Forensic science involves applying scientific methods and techniques to investigate crimes and analyse evidence. It encompasses various disciplines, such as biology, chemistry, and physics, to help identify suspects, determine causes of death, and uncover critical details, aiding in solving criminal cases and supporting the justice system.

### What Knowledge Will I Gain?

In forensic science, you will gain knowledge of how to collect, preserve, and analyse physical evidence from crime scenes. You will also learn about various scientific techniques and technologies used in criminal investigations, such as DNA analysis, toxicology, fingerprint analysis, and forensic pathology, to help solve crimes and support legal proceedings.

### What Skills Will I Gain?

Students in forensic science will gain skills in critical thinking, attention to detail, and analytical reasoning. They will also develop technical skills in laboratory procedures, evidence collection, data analysis, and the use of specialised forensic tools and technologies to accurately interpret and present findings in a legal context.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Forensic science provides a foundation for careers in criminal justice and law enforcement, such as forensic analysts, crime scene investigators, and forensic pathologists. It also opens opportunities in legal consulting, laboratory research, and roles in federal agencies, where skills in evidence analysis and scientific investigation are crucial for solving crimes and supporting the legal system.

### Further Reading and Information

<https://nationalcareers.service.gov.uk/job-profiles/forensic-scientist>

## Creative Enrichment

# Film and media studies

## Enrichment Summary

Film and Media Studies explores the history, theory, and production of film, television, and digital media. The field examines how visual and narrative elements are used to tell stories and convey messages, analysing the cultural, social, and political impacts of media while also teaching practical skills in media creation and criticism.

### What Knowledge Will I Gain?

In Film and Media Studies, you will gain knowledge about the history and evolution of film, television, and digital media, including key movements, genres, and influential works. You will also learn about media theory, narrative structure, visual storytelling techniques, and the cultural and societal impact of media, as well as how to critically analyse and interpret different forms of media.

### What Skills Will I Gain?

Students in Film and Media Studies will develop skills in critical thinking, media analysis, and visual literacy. They will also gain practical skills in storytelling, film production, editing, and screenwriting, as well as the ability to effectively interpret and critique various forms of media content.

### Which CARE principles will I develop?

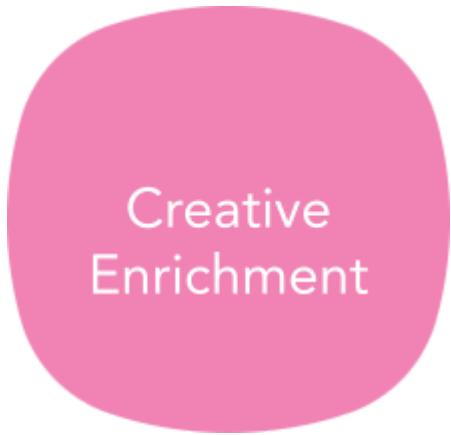


### How Does it Link to Future Careers?

Film and Media Studies prepares students for careers in film and television production, screenwriting, and editing, as well as roles in digital media, journalism, and advertising. The skills in media analysis, storytelling, and content creation are also valuable in public relations, marketing, education, and any field that requires strong communication and media literacy.

### Further Reading and Information

<https://www.mmu.ac.uk/study/undergraduate/course/ba-film-and-media-studies>



# The 1% club

## Enrichment Summary

The 1% club enrichment programs use puzzles and logic problems to enhance cognitive skills, improve problem-solving abilities, and stimulate creative thinking. These activities promote mental agility, concentration, and perseverance while fostering teamwork and communication in group settings. Overall, brainteasers make learning engaging and help develop a growth mindset by turning challenges into learning opportunities.

### What Knowledge Will I Gain?

Through the 1% club enrichment programs, participants will gain improved problem-solving skills, enhanced critical thinking, and increased cognitive flexibility. They will learn how to approach challenges creatively and strategically, developing persistence and resilience in the face of difficult tasks. Additionally, participants will enhance their ability to work collaboratively and communicate effectively in group settings.

### What Skills Will I Gain?

Participants in the 1% club enrichment programs will gain skills in critical thinking, logical reasoning, and creative problem-solving. They will also develop improved concentration, memory, and mental agility, as well as the ability to approach complex challenges with patience and persistence. Furthermore, these programs enhance communication and teamwork skills, particularly in collaborative environments.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

The 1% club enrichment programs help participants develop critical thinking, problem-solving, and creative reasoning skills. These activities enhance cognitive flexibility, concentration, and perseverance, and also improve communication and teamwork in group settings. The skills gained from brainteasers are valuable in various careers, including engineering, data science, finance, law, and project management, where analytical thinking and effective collaboration are essential.

### Further Reading and Information

<https://www.itv.com/watch/the-1percent-club/10a0593>



# The Fiver Challenge

## Enrichment Summary

An entrepreneurial opportunity to look at business and leadership and see how much profit can be made when starting with just five pounds.

### What Knowledge Will I Gain?

How to create a business, how to create an action plan, how to gain profit, how to present, what it means to be a stakeholder, how to capitalise on opportunities.

### What Skills Will I Gain?

Leadership, Teamwork, Presentation Skills, Confidence, Entrepreneurship.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Entrepreneurship in terms of looking at startups and how business is created and allows students to look at each part of a company and work within each element from design implementation, to accounts, to advertising and marketing. A whole host of careers and positions will be factored into the course. It will also be aspirational to show how from a little a lot can be gained.

### Further Reading and Information

## Creative Enrichment

# Korea 101

## Enrichment Summary

Korea 101 is an enrichment program that introduces students to the culture, language, history, and geography of Korea. Through interactive activities, students learn about Korean traditions, modern culture, basic language skills, and historical and geographical insights. The program fosters a deeper understanding and appreciation of Korea's unique cultural identity and global impact.

### What Knowledge Will I Gain?

In the Korea 101 enrichment program, students will gain knowledge about Korean culture, including traditional customs, cuisine, and popular media. They will learn the basics of the Korean language, including reading Hangul and speaking essential phrases. Additionally, students will explore Korea's history, understanding key events and developments, as well as its geography, gaining insight into the country's landscape and regional characteristics.

### What Skills Will I Gain?

Students in the Korea 101 enrichment program will develop language skills such as reading and writing in Hangul and using basic conversational Korean. They will also enhance their cultural awareness and understanding by learning about Korean traditions and societal norms. Additionally, students will improve their critical thinking and analytical skills by exploring Korea's history and geography, fostering a broader global perspective.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

The Korea 101 enrichment program prepares students for careers in international relations, business, and diplomacy by developing cultural understanding and language skills. It also benefits careers in education, translation, journalism, and tourism, where knowledge of Korean culture and language is valuable.

### Further Reading and Information

<https://rusticpathways.com/inside-rustic/online-magazine/interesting-facts-about-south-korea>



# Arts and crafts

## Enrichment Summary

The Arts and Crafts enrichment program provides students with the opportunity to explore their creativity through a variety of hands-on projects. Participants will experiment with different materials and techniques, such as painting, drawing, sculpture, and collage, while also learning about the principles of design and colour theory. This program fosters self-expression and encourages students to explore their artistic interests in a supportive and engaging environment.

### What Knowledge Will I Gain?

In the Arts and Crafts enrichment program, students will gain knowledge of various artistic techniques and mediums, such as painting, drawing, sculpture, and collage. They will learn about the principles of design, colour theory, and composition, as well as the use of different tools and materials. The program also provides insight into art history and cultural influences, helping students understand diverse artistic styles and traditions.

### What Skills Will I Gain?

In the Arts and Crafts enrichment program, students will develop skills in various artistic techniques, including painting, drawing, and sculpture. They will enhance their fine motor skills, hand-eye coordination, and attention to detail while working with different materials. The program also fosters creativity, problem-solving, and the ability to experiment with and refine artistic ideas.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

The Arts and Crafts enrichment program can prepare students for future careers in fields such as graphic design, illustration, and fine arts, where creativity and artistic skills are essential. It also provides a foundation for careers in fields like art education, fashion design, interior decorating, and art therapy, where a strong understanding of artistic techniques and visual design is valuable. Additionally, the program can benefit those interested in careers related to crafting, such as jewellery making or ceramics.

### Further Reading and Information

[https://en.wikipedia.org/wiki/Arts\\_and\\_Crafts\\_movement](https://en.wikipedia.org/wiki/Arts_and_Crafts_movement)



## Creative Enrichment

# Singing

## Enrichment Summary

A singing enrichment program focuses on improving vocal skills through exercises, song practice, and exploring various musical styles. It enhances vocal technique, boosts confidence, and fosters a sense of community through group singing.

### What Knowledge Will I Gain?

Participants will gain knowledge of vocal techniques, such as breath control and pitch accuracy, as well as an understanding of different musical styles and genres. They will also learn how to express emotion through singing and develop confidence in performing both solo and in groups.

### What Skills Will I Gain?

Participants will gain skills in vocal control, including breath support, pitch accuracy, and tone quality. They will also develop the ability to interpret and perform different musical styles, enhance their listening skills, and improve their ability to sing both solo and harmoniously in a group setting. Additionally, participants will build confidence and stage presence for live performances.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

A singing enrichment program can prepare participants for various careers in the music industry, such as a professional singer, vocal coach, or choir director. It also lays a foundation for roles in music production, songwriting, and musical theatre. Additionally, skills gained from singing can be valuable for careers in entertainment, teaching, audio engineering, and even public speaking or broadcasting, where strong vocal presence and performance skills are beneficial.

### Further Reading and Information

<https://www.itv.com/thevoice>



# Young men's minds

## Enrichment Summary

The "Young Men's Minds" enrichment program helps young men develop self-awareness, emotional intelligence, and effective communication skills. It promotes personal growth by encouraging reflection on values, integrity, and responsible decision-making, aiming to build confidence, empathy, and resilience.

### What Knowledge Will I Gain?

Participants in the "Young Men's Minds" program will gain knowledge about emotional intelligence and how to better understand and manage their emotions. They will learn effective communication techniques and strategies for building healthy relationships. Additionally, the program will cover principles of integrity, responsibility, and making thoughtful decisions in various life situations.

### What Skills Will I Gain?

Participants will develop skills in self-reflection and emotional regulation, allowing them to better understand and manage their emotions. They will enhance their communication skills, including active listening and expressing themselves clearly and respectfully. Additionally, they will build decision-making skills and learn how to approach challenges with integrity and confidence.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

The skills gained from the "Young Men's Minds" program can benefit participants in various careers such as leadership roles, counselling, education, and social work, where empathy and communication are key. They can also apply these skills in fields like business, law, and public service, where decision-making, integrity, and self-awareness are essential. Additionally, the program prepares participants for any career that values strong interpersonal skills and ethical judgement.

### Further Reading and Information

<https://www.menminds.org/>



# Sign language

## Enrichment Summary

A sign language enrichment program helps participants learn basic signs, fingerspelling, and phrases to improve communication with the deaf and hard-of-hearing community. It also covers aspects of deaf culture and non-verbal communication, fostering inclusivity and promoting a deeper understanding of the diverse ways people communicate.

### What Knowledge Will I Gain?

Participants will learn basic sign language, including everyday vocabulary, fingerspelling, and sentence structure, enabling them to communicate effectively with deaf and hard-of-hearing individuals. They will also gain an understanding of deaf culture, its history, and the social norms within the community.

### What Skills Will I Gain?

Participants will gain skills in using sign language for everyday communication, including mastering common signs, fingerspelling, and basic conversational phrases. They will also develop active listening and observation skills, crucial for understanding non-verbal cues and maintaining eye contact. Additionally, participants will build cultural competency and empathy, enabling them to interact respectfully and effectively with the deaf and hard-of-hearing community.

### Which CARE principles will I develop?



### How Does it Link to Future Careers?

Participants in a sign language enrichment program can explore a variety of future careers, such as becoming a sign language interpreter, where they facilitate communication between deaf and hearing individuals in various settings like healthcare, education, and legal services. They may also pursue careers in deaf education as teachers or aides, helping deaf and hard-of-hearing students learn and thrive. Other potential careers include roles in social work, counselling, or advocacy, where knowledge of sign language and deaf culture can support better services and outreach for the deaf community.

### Further Reading and Information

<https://www.british-sign.co.uk/>