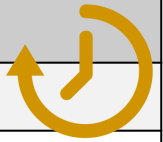


Do Now:



1. What is bullying?

2. Name two British values.

3. Name 2 warning signs of an unhealthy friendship

4. Name a positive way to build a new friendship

5. Name 2 protected characteristics under The Equality Act.

Date:



## Lesson Two

# Curriculum Question - What are the responsibilities of being a parent ?

### Today's Powerful Knowledge

- The roles and responsibilities of parents with respect to raising children
- The characteristics of successful parenting
- The specific challenges and responsibilities of parenting at different stages in a child's life

BL Task One: Add some ideas and descriptions of parenting. Think about the responsibilities and expectations of parents

Parenting

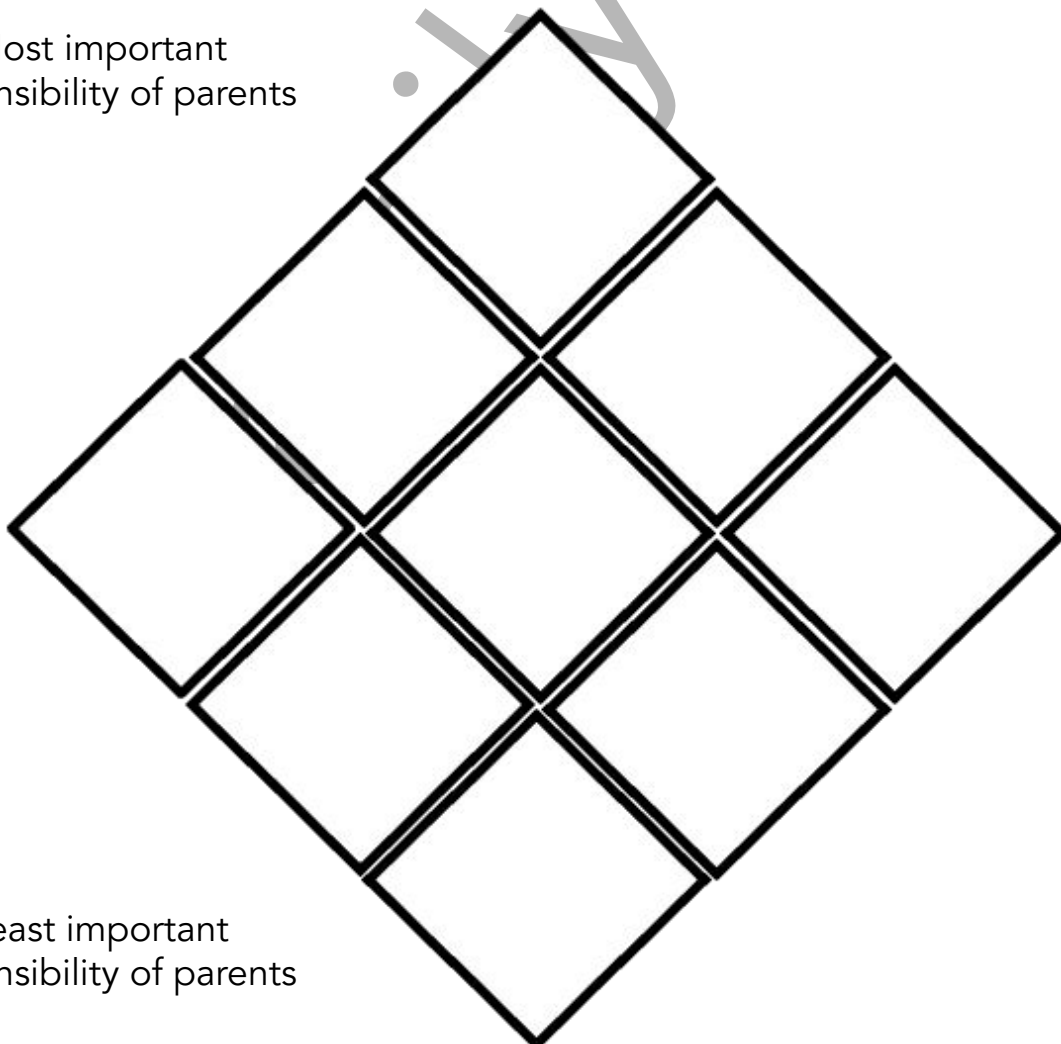
### Parental responsibility

- providing a home for the child
- protecting and maintaining (caring for) the child
- disciplining the child
- choosing and providing for the child's education
- agreeing to the child's medical treatment
- naming the child and agreeing to any change of name
- looking after the child's property



Task 2 : Put all of the CARE principles in the diamond based on how strong you feel with that principle	
Encourage their child to participate in hobbies or develop new skills	Take their child on day trips and holidays
Have high expectations of their child	Have meals together
Talk to their child regularly	Have strict rules at home
Support their child in developing positive relationships with family and friends	Get their child to do chores
Take an interest in their child's school life	

Most important responsibility of parents



Least important responsibility of parents

Parenting involves responsibilities and challenges, each stage demanding unique efforts and considerations. Yet, as well as challenges and responsibilities there are many benefits, creating a fulfilling journey for both parents and children.

### Responsibilities of parenting

- Ensuring safety (holding, carrying, sleeping)
- Changing diapers and toilet training
- Finding childcare if necessary
- Keeping baby clean
- Selecting and applying for a school
- Teaching safety (e.g., road safety)
- Providing support during exams, driving tests, etc.
- Disciplining when necessary
- Offering emotional support
- Providing a home and financial support (though not legally obligated)
- Helping with future choices (careers, university, college)
- Feeding, clothing, providing a home
- Helping with activities, homework, reading
- Managing relationships (friends, parents, teachers)
- Constant supervision
- Supporting through periods of change
- Monitoring hygiene
- Ensuring the child attends school
- Selecting secondary school
- Assisting with educational choices (homework, GCSE options)

### Challenges of parenting

- Cost of raising a child
- Lack of sleep
- Teething
- External influences — social media, TV, films, music
- Illnesses
- Doing everything for the first time (e.g., going out alone with baby, handling sickness and worry, etc.)
- Pressures from family/friends/other influences to 'parent' in a certain way
- Selecting nurseries/playgroups/schools
- Encouraging child to walk and talk
- Child's tantrums/mood changes
- Fussy eating
- Navigating friendships
- Peer pressure
- Loss of independence for parents
- Transition to secondary school
- Planning schedules — after-school clubs, activities, meeting friends, etc.
- Hormone changes
- Planning for the future
- Learning to drive/driving
- Increasing independence of the child — less reliance on the parent and less influenced by the parent
- Accepting that the child can make their own decisions
- Seeing the child less
- Child moving away
- School work and homework

Task Three: Write down in words the responsibilities of parents at each stage of a child's life on the timeline provided. Underneath the timeline, note down what you think the main challenges for parents at each stage might be. Use the list on the previous page. Do not use numbers.

Parental responsibilities	Parental responsibilities	Parental responsibilities	Parental responsibilities	Parental responsibilities	Parental responsibilities	Parental responsibilities
0-1 years old	2-4 years old	5-10 years old	11-15 years old	15-18 years old	18+ years old	
Challenges	Challenges	Challenges	Challenges	Challenges	Challenges	Challenges

Progress Reflection: Identify 5 key responsibilities of parents

1

2

3

4

5

Further Support

Speak to a tutor, head of year or other trusted member of staff in the school

Childline [www.childline.org.uk](http://www.childline.org.uk) 0800 1111

Family Copy